

THE HARROW

LIGHT DISHES

£7.00 each or any 3 for £18.00

- Marinated Olives (vg)
- Hummus & Pitta Bread (vg)
- Beetroot Cured Salmon, Croutons, Capers & Lemon
- Haggis Croquettes, Brown Sauce (6pcs)
- Garlic Ciabatta, with or without Cheese (3pcs) (v)
- Poppadoms Mango Chutney & Onion Salad (3pcs) (vg)

STARTERS & SHARERS

- Pumpkin & Chestnut Soup (v)** £8.50
Butternut squash and roast chestnut soup, toasted ciabatta
- Smoked Mackerel Pâté** £9.50
Crudités, rocket leaves, toasted sourdough
- Fried Chicken** £9.50
Karaage style fried chicken thighs, kewpie mayonnaise
- Country Pâté Terrine** £9.50
Chicken, ham hock & bacon terrine, piccalilli, cornichons, toasted sourdough
- Fish Cake Meen Moilee** £9.50
Salmon, smoked haddock & cod fish cake, Kerala style coconut curry sauce
- Caesar Salad** £10.50
Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing
add grilled chicken breast +£7.50
- Mezze Plate (v)** £18.50
Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread
- Ploughman's** £22.50
Country pâté terrine, hand-cut ham, Stilton, Brie & Cheddar, piccalilli, pickles & toasted sourdough

FISH 'n' CHIPS

Served with Harrow marrow peas, garden peas or salad, chips & tartare sauce

- Beer Battered Cod Fillet** £19.50
- Breaded Scampi Tails** £19.50
add Fish Cake +£6.50
add Battered Sausage +£4.50
add Curry Sauce (v) +£2.50

MAINS

- Harrow Darkness, My Old Friend (v) (n)** £18.50
Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds
- Puy Lentil & Cheddar Cheese Bake (v)** £18.50
Red pepper, swede & red onion lentils. gratinated Cheddar, pomodoro sauce, chickpea salad & garlic bread
- Tiger Prawn Bhuna** £19.50
Coconut curry, spinach, red pepper, pilau rice, Indian roti bread
- Roast Sea Bream** £21.50
Guilt-head bream fillet, red pepper, swede & red onion lentils, purple sprouting broccoli, pomodoro sauce
- Chicken Milanese** £19.50
Breaded chicken breast, glazed ham, basil & tomato sauce, melted cheese, chips & salad
- Glazed Ham, Egg & Chips** £19.50
Warm hand-carved honey & ginger glazed gammon, 2 eggs, grilled tomato, chips
- Great British Bangers** £19.50
Pork & beer sausages, mash potato, seasonal vegetables & piperade gravy
- Lamb Gosht** £21.50
Kashmiri aromatic rogan josh lamb, pilau rice, garlic naan
- 12oz Black Angus Sirloin Steak** £26.00
Peppercorn sauce, chips & salad

BURGERS

On a brioche bun with mayonnaise, salad and a pickle. Served with chips & miso ketchup

- Add a Fried Chicken Starter to any Burger** +£6.00
- House Burger** £18.50
Beef patty, smoked streaky bacon, Cheddar cheese
- Black & Blue Beef Burger** £19.50
Beef patty, smoked streaky bacon, Stilton, onion marmalade
- Barbecue Pulled Pork Burger** £18.50
Pulled pork, barbecue sauce and mozzarella
- Grilled or Fried Chicken Burger** £17.50
Plain grilled or fried breaded chicken breast
add Hot Sauce (v) +£1.50
- Barbecue Chicken Burger** £19.50
Grilled or fried chicken breast, barbecue sauce, smoked streaky bacon, Cheddar cheese
- Falafel Burger (vg)** £17.50
Falafel, vegan mayonnaise
add grilled halloumi to any burger(v) +£2.00

SUNDAY ROASTS - (Sunday only 12-5pm)

Served with traditional roast potatoes, Yorkshire pudding & seasonal vegetables

- Puy Lentil, Swede & Red Pepper Puff Pastry Tart, Tomato & Basil Sauce (vg)** £19.50
- Roast Chicken Breast with Gravy** £21.50
- Roast Belly & Loin of Pork with Crackling & Gravy** £23.50
- Roast Leg of British Lamb with Gravy** £25.50
- Roast Sirloin of Beef with Gravy** £26.50

SIDE DISHES

- Chips (vg)** £6.00
- Cheesy Chips (v)** £8.50
- Mixed Salad (vg)** £5.00
- Seasonal Vegetables (vg)** £5.00
- Cauliflower Cheese (v)** £8.50
- Pigs in Blankets** (3pcs) £4.00 (6 pcs) £7.50

THE HARROW

LIGHT DISHES

£7.00 each or any 3 for £18.00

Marinated Olives (vg)

Hummus & Pitta Bread (vg)

Beetroot Cured Salmon, Croutons, Capers & Lemon

Haggis Croquettes, Brown Sauce (6pcs)

Garlic Ciabatta, with or without Cheese (3pcs) (v)

Poppadoms Mango Chutney & Onion Salad (3pcs) (vg)

STARTERS & SALADS

Pumpkin & Chestnut Soup (v) £8.50

Butternut squash and roast chestnut soup, toasted ciabatta

Smoked Mackerel Pâté £9.50

Crudités, rocket leaves, toasted sourdough

Fried Chicken £9.50

Karaage style fried chicken thighs, kewpie mayonnaise

Country Pâté Terrine £9.50

Chicken, ham hock & bacon terrine, piccalilli, cornichons, toasted sourdough

Fish Cake Meen Moilee £9.50

Salmon, smoked haddock & cod fish cake, Kerala style coconut curry sauce

Caesar Salad £10.50

Gem lettuce, crisp bacon, croutons, Parmesan, Caesar dressing

add grilled chicken breast +£7.50

Mezze Plate (v) £18.50

Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread

Ploughman's £22.50

Country pâté terrine, hand-cut ham, Stilton, Brie & Cheddar, piccalilli, pickles & toasted sourdough

SUNDAY ROASTS - (Sunday only 12-5pm)

Served with traditional roast potatoes, Yorkshire pudding & seasonal vegetables

Puy Lentil, Swede & Red Pepper Puff Pastry Tart, Tomato & Basil Sauce (v) £19.50

Roast Chicken Breast with Gravy £21.50

Roast Belly & Loin of Pork with Crackling & Gravy £23.50

Roast Leg of British Lamb with Gravy £25.50

Roast Sirloin of Beef with Gravy £26.50

FISH 'n' CHIPS

Served with Harrow marrow peas, garden peas or salad, chips & tartare sauce

Beer Battered Cod Fillet £19.50

Breaded Scampi Tails £19.50

add Fish Cake +£6.50

add Battered Sausage +£4.50

add Curry Sauce (v) +£2.50

MAINS

Harrow Darkness, My Old Friend (v) (n) £18.50

Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds

Puy Lentil & Cheddar Cheese Bake (v) £18.50

Red pepper, swede & red onion lentils. gratinated Cheddar, pomodoro sauce, chickpea salad & garlic bread

Tiger Prawn Bhuna £19.50

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

Roast Sea Bream £21.50

Guilt-head bream fillet, red pepper, swede & red onion lentils, purple sprouting broccoli, pomodoro sauce

Chicken Milanese £19.50

Breaded chicken breast, glazed ham, basil & tomato sauce, melted cheese, chips & salad

Lamb Gosht £21.50

Kashmiri aromatic rogan josh lamb, pilau rice, garlic naan

BURGERS

On a brioche bun with mayonnaise, salad and a pickle. Served with chips & miso ketchup

Add a Fried Chicken Starter to any Burger +£6.00

House Burger £18.50

Beef patty, smoked streaky bacon, Cheddar cheese

Black & Blue Beef Burger £19.50

Beef patty, smoked streaky bacon, Stilton, onion marmalade

Barbecue Pulled Pork Burger £18.50

Pulled pork, barbecue sauce and mozzarella

Grilled or Fried Chicken Burger £17.50

Plain grilled or fried breaded chicken breast

add Hot Sauce (v) +£1.50

Barbecue Chicken Burger £19.50

Grilled or fried chicken breast, barbecue sauce, smoked streaky bacon, Cheddar cheese

Falafel Burger (vg) £17.50

Falafel, vegan mayonnaise

add grilled halloumi to any burger(v) +£2.00

SUNDAY SIDES

Cauliflower Cheese (v) £8.50

Pigs in Blankets (3pcs) £4.00 (6 pcs) £7.50

Roast Potatoes (vg) £5.50

Pot of Gravy £2.50

Yorkshire Pudding (v) £2.50

Extra Portion of Meat;

- Chicken £7.00

- Pork £8.00

- Lamb £9.50

- Beef £11.00

Chips (vg) £6.00

Cheesy Chips (v) £8.50

Mixed Salad (vg) £5.00

Seasonal Vegetables (vg) £5.00

SET MENU

Available Monday to Saturday - 12 noon - 8:30pm

2 Courses £25.00, 3 Courses £29.00

Starters

Pumpkin & Chestnut Soup

Butternut squash and roast chestnut soup,
toasted ciabatta (vg)

Fish Cake Meen Moilee

Salmon, smoked haddock & cod fish cake,
Kerala style coconut curry sauce

Country Pâté Terrine

Chicken, ham hock & bacon terrine, piccalilli, cornichons,
toasted sourdough

Mains

Harrow Darkness, My Old Friend (v) (n)

Halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel

Tiger Prawn Bhuna

Coconut curry, spinach, red pepper, pilau rice, Indian roti bread

Roast Sea Bream

Red pepper, swede & red onion lentils, broccoli & pomodoro sauce

Chicken Milanese

Fried chicken breast, ham, tomato sauce, Cheddar, chips & salad

Beer Battered Cod Fish 'n' Chips or Breaded Scampi 'n' Chips

Mushy peas, garden peas, or salad and chips & tartare sauce

Desserts

Sticky Toffee Pudding (n)

hot toffee sauce, custard or vanilla ice cream

Apple & Bramble Crumble (n)

Hazelnut crumble, apple, blackberry, custard or vanilla ice cream

Chocolate Fudge Brownie

Toffee popcorn, vanilla ice cream, hot chocolate sauce

House Ice Cream Sundae (n)

Vanilla & chocolate ice cream, popcorn, toffee sauce, mixed nuts

Selection of British Cheeses +£1.50

Cheddar, Somerset Brie, Goats cheese and Stilton

SUNDAY SET MENU

Sunday. 12 noon - 5pm only

2 Courses £26.00, 3 Courses £30.00

Starters

Pumpkin & Chestnut Soup

Butternut squash and roast chestnut soup,
toasted ciabatta (vg)

Fish Cake Meen Moilee

Salmon, smoked haddock & cod fish cake,
Kerala style coconut curry sauce

Country Pâté Terrine

Chicken, ham hock & bacon terrine, piccalilli, cornichons,
toasted sourdough

Sunday Roasts

With traditional roast potatoes, seasonal vegetables
& Yorkshire pudding

Puy Lentil, Swede & Red Pepper Puff Pastry Tart,
Tomato & Basil Sauce (v)

Roast Chicken Breast with Gravy

Roast Belly & Loin of Pork with Crackling & Gravy

Roast Leg of British Lamb with Gravy + £2.50

Roast Sirloin of Beef with Gravy + £3.50

Desserts

Sticky Toffee Pudding (n)

hot toffee sauce, custard or vanilla ice cream

Apple & Bramble Crumble (n)

Hazelnut crumble, apple, blackberry, custard or vanilla ice cream

Chocolate Fudge Brownie

Toffee popcorn, vanilla ice cream, hot chocolate sauce

House Ice Cream Sundae (n)

Vanilla & chocolate ice cream, popcorn, toffee sauce, mixed nuts

Selection of British Cheeses +£1.50

Cheddar, Somerset Brie, Goats cheese and Stilton

THE HARROW

LIGHT DISHES

£7.00 each or any 3 for £18.00

Marinated Olives (vg) (df) (gf)

Hummus & **Pitta Bread** (vg) (df) (please request gf)

Beetroot Cured Salmon, **Croutons**, Capers & Lemon (df) (please request gf)

Haggis Croquettes, Brown Sauce (6pcs) (df) (contains gluten)

Poppadoms Mango Chutney & Onion Salad (3pcs) (vg) (df) (gf)

STARTERS & SALADS

Pumpkin & Chestnut Soup (vg) (please request gf or df) £8.50

Butternut squash and roast chestnut soup, **toasted ciabatta** (vg)

Smoked Mackerel Pâté (contains dairy) (please request gf) £9.50

Crudités, rocket leaves, **toasted sourdough**

Fried Chicken (gf) (please request df) £9.50

Karaage style fried chicken thighs, **kewpie mayonnaise**

Country Pâté Terrine (df) (please request gf) £9.50

Chicken, ham hock & bacon terrine, piccalilli, cornichons, **toasted sourdough**

Fish Cake Meen Moilee (df) (gf) £9.50

Salmon, smoked haddock & cod fish cake, Kerala style coconut curry sauce

Caesar Salad (contains dairy) (please request gf) £10.50

Gem lettuce, crisp bacon, **croutons**, **Parmesan**, **Caesar dressing**

add grilled chicken breast (df) (gf) £7.50

Mezze Plate (v) (please request df or gf) £18.50

Hummus, **tzatziki**, olives, **grilled halloumi**, **grilled pitta bread**

Ploughman's (contains dairy) (please request gf) £22.50

Country pâté terrine, hand-cut ham, **Stilton**, **Brie & Cheddar**, piccalilli, pickles & **toasted sourdough**

FISH 'n' CHIPS

Served with Harrow marrow peas, garden peas or salad, chips & tartare sauce

Beer Battered Cod Fillet (contains gluten) (please request df) £19.50

Breaded Scampi Tails (contains gluten) (please request df) £19.50

add Fish Cake (gf) (df) +£6.50

add **Battered Sausage** (contains gluten) (df) +£4.50

add Curry Sauce (v) (gf) (df) +£2.50

MAINS

Harrow Darkness, My Old Friend(v)(n)(gf)(please request df) £18.50

Grilled **halloumi**, aubergine imam bayildi, pine nuts, **tzatziki**, falafel clouds

Puy Lentil & Cheddar Cheese Bake(v)(please request df or gf) £18.50

Red pepper, swede & red onion lentils. gratinated Cheddar, pomodoro sauce, chickpea salad & garlic bread

Tiger Prawn Bhuna (df) (please request gf) £19.50

Coconut curry, spinach, red pepper, pilau rice, **Indian roti bread**

Roast Sea Bream (df) (gf) £21.50

Guilt-head bream fillet, red pepper, swede & red onion lentils, purple sprouting broccoli, pomodoro sauce

Chicken Milanese (please request df or gf) £19.50

Breaded chicken breast, ham, basil & tomato sauce, melted **cheese**, chips & salad

Glazed Ham, Egg & Chips (df) (gf) £19.50

Warm hand-carved honey & ginger glazed gammon, 2 eggs, grilled tomato, chips

Lamb Gosht (contains dairy) (please request gf) £21.50

Kashmiri aromatic rogan josh lamb, pilau rice, **garlic naan**

12oz Black Angus Sirloin Steak(gf)(please request dairy free) £26.00

Peppercorn sauce, chips & salad

BURGERS (Gluten Free Buns Available on Request)

On a **brioche bun** with **mayonnaise**, salad and a pickle. Served with chips & miso ketchup

Add a Fried Chicken Starter to any Burger +£6.00

(gf) (please request df)

House Burger(please request df or gf) £18.50

Beef patty, smoked streaky bacon, **Cheddar cheese**

Black & Blue Beef Burger(please request df or gf) £19.50

Beef patty, smoked streaky bacon, **Stilton**, onion marmalade

Barbecue Pulled Pork Burger(please request df or gf) £18.50

Pulled pork, barbecue sauce and **mozzarella**

Grilled or Fried Chicken Burger(please request df or gf) £17.50

Plain grilled or **fried breaded chicken breast**

add Hot Sauce (v) (gf) (df) +£1.50

Barbecue Chicken Burger(please request df or gf) £19.50

Grilled or **fried chicken breast**, barbecue sauce, smoked streaky bacon, **Cheddar cheese**

Falafel Burger (vg)(df) (please request gf) £17.50

Falafel, vegan mayonnaise

add grilled **halloumi** (v) (contains dairy) (gf) +£2.00

SUNDAY ROASTS - (Sunday only 12-5pm)

Served with traditional roast potatoes & seasonal vegetables

(**please request gf or df without a Yorkshire pudding**)

Puy Lentil, Swede & Red Pepper **Puff Pastry** Tart, Tomato &

Basil Sauce (v) (please request df) (contains gluten) £19.50

Roast Chicken Breast with Gravy (df) (gf) £21.50

Roast Belly & Loin of Pork with Crackling & Gravy (df) (gf) £23.50

Roast Leg of British Lamb with Gravy (df) (gf) £25.50

Roast Sirloin of Beef with Gravy (df) (gf) £26.50

SIDE DISHES

Chips (vg) (df) (gf) £6.00

Cheesy Chips (v) (gf) (contains dairy) £8.50

Mixed Salad (vg) (gf) (df) £5.00

Seasonal Vegetables (vg) (gf) (df) £5.00

Pigs in Blankets (df) (contains gluten) (3pcs) £4.00 (6 pcs) £7.50

THE HARROW

LIGHT DISHES

£7.00 each or any 3 for £18.00

Marinated Olives (vg)

Hummus & Pitta Bread (vg)

Garlic Ciabatta, with or without Cheese (3pcs) (v)

Poppadoms Mango Chutney & Onion Salad (3pcs) (vg)

STARTERS & SALADS

Pumpkin & Chestnut Soup (v) (please request vegan) **£8.50**
Butternut squash and roast chestnut soup, toasted ciabatta (vg)

Caesar Salad (Please request vegetarian without bacon) **£10.50**
Gem lettuce, croutons, Parmesan, Caesar dressing

Mezze Plate (v) **£18.50**
Hummus, tzatziki, olives, grilled halloumi, grilled pitta bread
Can be served vegan without tzatziki and halloumi (please request vg)

MAINS

Harrow Darkness, My Old Friend (v) (n) **£18.50**
Grilled halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel clouds (please request vg without tzatziki or halloumi)

Puy Lentil & Cheddar Cheese Bake (v) (please request vg) **£18.50**
Red pepper, swede & red onion lentils, & pomodoro sauce, served with chickpea salad & garlic bread

Kerala Coconut Saag Aloo (vg) **£19.50**
Coconut curry, potatoes, spinach, red pepper, pilau rice, Indian roti bread

Falafel Burger (vg) **£17.50**
Falafel, vegan mayonnaise, on a vegan brioche bun with salad and a pickle. Served with chips
Add grilled Halloumi (v) **+£2.00**

SIDE DISHES

Chips (vg) **£6.00**

Cheesy Chips (v) **£8.50**

Mixed Salad (vg) **£5.00**

Seasonal Vegetables (vg) **£5.00**

Cauliflower Cheese (v) **£8.50**

DESSERTS

Sticky Toffee Pudding (v) (n) **£8.00**
Sticky date and walnut pudding, hot toffee sauce, custard or vanilla ice cream

Apple & Bramble Crumble (v) (n) (vg on request). **£8.00**
Almond & hazelnut crumble, bramley apple, blackberry, custard or vanilla ice cream (v)

Chocolate Fudge Brownie (v) **£8.00**
Toffee popcorn, vanilla ice cream, hot chocolate sauce

House Ice Cream Sundae (v) (n) **£7.50**
Vanilla & chocolate ice cream, popcorn, chocolate sauce, toffee sauce, mixed nuts

Ice Cream & Sorbet Selection **£2.50/scoop**
Chocolate, Strawberry or Vanilla Ice Creams (v)
Mango or Raspberry Sorbets (vg)

Selection of British Cheeses (v) **£9.50**
Cheddar, Somerset Brie, Goats cheese and Stilton, pear and apple chutney, sourdough toast and crackers

Check blackboard or ask the team about today's specials

Please let us know if you have any dietary requirements, allergies or preferences before ordering. We have separate menus detailing vegan, vegetarian, gluten free and dairy free options

*Our dishes are prepared in a kitchen where allergens are present.
(v) = vegetarian, (vg) = vegan, (n) = contains nuts, (gf) = gluten free, (df) = dairy free
Full allergen information is available upon request*

No service charge - ever. All tips go to our team

WIFI - The Harrow Guest Wifi - Password: TheHarrow
(case sensitive)



The Harrow, Caterham



the_harrow_caterham

SET MENU

Available Monday to Saturday - 12 noon - 8:45pm

2 Courses **£25.00**, 3 Courses **£29.00**

Starters

Pumpkin & Chestnut Soup

Butternut squash and roast chestnut soup, toasted ciabatta (vg)

Hummus & Pitta Bread (vg)

Moroccan style roast chickpea hummus, grilled pitta bread

Poppadoms (3pcs) (vg)

Mango chutney & onion salad

Mains

Harrow Darkness, My Old Friend (v) (n)

Halloumi, aubergine imam bayildi, pine nuts, tzatziki, falafel
Can be served vegan without tzatziki and halloumi (please request vg)

Puy Lentil & Cheddar Cheese Bake (v)

Red pepper, swede & red onion lentils, pomodoro sauce, served with chickpea salad & garlic bread

Can be served vegan without cheddar cheese and plain toasted ciabatta (please request vg)

Kerala Coconut Saag Aloo (vg)

Coconut curry, potatoes, spinach, red pepper, pilau rice, Indian roti bread

Falafel Burger (vg)

Falafel, vegan mayonnaise, on a vegan brioche bun with salad and a pickle. Served with chips
Add grilled Halloumi (v)

Desserts

Sticky Toffee Pudding (v) (n)

hot toffee sauce, custard or vanilla ice cream

Apple & Bramble Crumble (v) (n)

Hazelnut crumble, apple, blackberry, custard or vanilla ice cream
Vegan crumble served with sorbet is available (please request vg)

Chocolate Fudge Brownie (v)

Toffee popcorn, vanilla ice cream, hot chocolate sauce

House Ice Cream Sundae (v) (n)

Vanilla & chocolate ice cream, popcorn, toffee sauce, mixed nuts

2 Scoops of Sorbet (vg)

Mango or Raspberry

THE HARROW

DESSERTS MENU

Sticky Toffee Pudding (n) £8.00

Sticky date and walnut pudding, hot toffee sauce, custard or vanilla ice cream

Apple & Bramble Crumble (n) £8.00

Almond & hazelnut crumble, bramley apple, blackberry,
custard or vanilla ice cream

Chocolate Fudge Brownie £8.00

Toffee popcorn, vanilla ice cream, hot chocolate sauce

House Ice Cream Sundae (n) £7.50

Vanilla & chocolate ice cream, popcorn, chocolate sauce, toffee sauce,
mixed nuts

Ice Cream & Sorbet Selection (£2.50 per scoop)

Please check with team for today's options

Selection of British Cheeses £9.50

Cheddar, Somerset Brie, Goats cheese and Stilton
Pear and apple chutney, sourdough toast and crackers

Irish Coffee £8.00

Jamesons Irish Whiskey, espresso, double cream

Baileys Hot Chocolate £7.50

Baileys Irish cream, hot chocolate, double cream

Hot Toddy £8.00

Glenmorangie Original, honey, lemon juice, aromatic bitters

(n) = contains nuts.

*Please let us know if you have any dietary requirements, allergies or preferences before ordering.
Please note that our dishes are prepared in a kitchen where nuts, gluten and other allergens are present.*

Full allergen information is available upon request

No service charge - ever. All tips go to our team

Hot Drinks

Americano £3.00

Cappuccino £3.20

Latte £3.20

Flat White £3.20

Espresso £2.80

Hot Chocolate £3.50

Mocha £3.60

Dairy Free Milk +50p

Please speak to our team to find out dairy free milk options

Decaffeinated Coffee +50p

Monin Syrups +£1.00

Caramel, Madagascan Vanilla, Pumpkin Spice

Pot of Tea £2.20

English Breakfast, Earl Grey, Green Tea, Peppermint, Chamomile,

Decaffeinated Breakfast Tea